



# Sports Leader's Challenge



Fun & Fitness with Friends!



'I didn't really like PE but then we started playing netball and i'm really good at it now.'

**Tianna, Y5**



'Dance pledge meant the whole school danced at Westfield. How cool is that!'

**Muhiadin Y3**

# PE & Sport



# PE & Sport - Intent



- Our aim is to support all students to be 'World Ready' by learning about the human body, keeping healthy and develop a love for exercise and sporting competition.
- PE and Sport is a vital part of our curriculum and we strive to engage and inspire all students to find and nurture their sporting talents at Greenside and beyond.
- Our students develop their understanding of sporting techniques, tactics and sportspersonship through PE lessons, in school matches, LA competitions and inter academy competitions.
- Our Sports Leaders continually explore more and more opportunities to embed physical activity into the day through experiences before school, during breaks and after school clubs.

# PE & Sport - Implementation



- 2 hour weekly PE session assessed 3 times a half term
- Specialism swimming group
- Morning 'mini marathon' challenge
- Sunrise yoga club
- Break / lunchtime activities:
  - Football
  - Netball
  - Champ
  - Skipping
  - Climbing equipment
  - Fitness equipment
- Sports Leader Initiatives at break / lunchtime:
  - Collective school marathon challenge
  - 100 hours skipping challenge
  - Table tennis
  - 'Bucket blast'
  - Horse shoe throw
- LA or local school competitions each PE group, each half term
- TEFAT Olympics