



**The Greenside Food Experience: Spring
Menu: Weeks 1, 4**

Monday **Spaghetti Bolognese**
Spring Minestrone, Focaccia
Tomatoes, Good Olive Oil

Something Sweet:
Greek Yogurt, Frozen Blackberries

Tuesday **Greenside Curry, Rice**
Dahl
Roast Cauliflower, Nigella seeds, Turmeric

Something Sweet:
Banana Cake

Wednesday **Jacket Potato, Hummus, Cheese**
Pasta Salad
Garden Greens

Something Sweet (ish):
Seasonal Cheese Board, Sourdough, Fruit

Thursday **Japanese Katsu, Rice**
Miso Soup, Noodles, Shiso
Chard, Lemon, Soya Sauce

Something Sweet:
Apple Crumble

Friday **Nuggets, Fries, Green Herb Mayo**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

***Alternatives are always available to meet individual needs**



**The Greenside Food Experience: Spring
Menu: Weeks 2, 5**

Monday **Macaroni Cheese**
Jacket Potato, Curried Baked Beans
Cavolo Nero, Spinach, Peas

Something Sweet:
Greek Yogurt, Apple Compote

Tuesday **Chilli, Rice, Fava-Mole**
Roasted Spring Veg Soup, Garlic Bread
Corn

Something Sweet:
Quinoa Flapjack

Wednesday **'Saliscicce e Fagioli' (Italian Sausage & Beans)**
Roast Potatoes, Peas, Fennel
Cheese & Bean Toastie

Something Sweet:
Chocolate Cake

Thursday **Baked Pumpkin & Gnocchi**
Spaghetti: Carbonara, Pesto, Tomato
Greens, Lemon, Good Olive Oil

Something Sweet:
Custard & Cookies

Friday **Sausage, Sweet Potato Fries, Green Herb Mayo**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

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**The Greenside Food Experience: Spring
Menu: Weeks 3,6**

Monday **Lasagne**
Jacket Potato, Curried Baked Beans
Tomatoes, Good Olive Oil, Basil

Something Sweet:
Greek Yogurt, Plums

Tuesday **Stir Fry, Asian Omelette, Noodles**
Thai Soup, Lemongrass, Coconut
Greens, Gochujang, Garlic

Something Sweet:
Lemon Cake

Wednesday **Swedish 'Ikea' Balls, Gravy, Lingonberry**
Herb Roast Potatoes
Heritage Carrots, Dill

Something Sweet:
Rhubarb & Apple Crumble, Custard

Thursday **Greenside Burrito**
Tortilla, Cheese, Corn
Coleslaw

Something Sweet:
Quinoa Flapjack

Friday **Pizza**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

***Alternatives are always available to meet individual needs**

