



**The Greenside Food Experience: Summer
Menu: Weeks 1, 4, 7**

Monday **Spaghetti Bolognese**
Spring Minestrone, Wild Garlic Focaccia
Spring Salad, Vinaigrette

Something Sweet:
Greek Yogurt, Cherry Compote

Tuesday **Greenside Curry, Pilau Rice**
Spring Vegetables, Mustard Seeds, Spices
Chaat Salad

Something Sweet:
Peaches, Raspberry Sauce

Wednesday **Jacket Potato, Hummus, Cheese**
Pasta Salad
Garden Greens

Something Sweet (ish):
Seasonal Cheese Board, Sourdough, Fruit

Thursday **Japanese Katsu, Rice**
Miso Soup, Noodles, Shiso
Chard, Lemon, Soya Sauce

Something Sweet:
Watermelon

Friday **Nuggets, Fries, Green Herb Mayo**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

***Alternatives are always available to meet individual needs**



**The Greenside Food Experience: Summer
Menu: Weeks 2, 5**

Monday **Macaroni Cheese**
Jacket Potato, Curried Baked Beans
Spring Greens, Asparagus, Peas

Something Sweet:
Greek Yogurt, Mango Compote

Tuesday **Chilli, Rice, Fava-Mole**
Roasted Spring Veg Soup, Garlic Bread
Corn

Something Sweet:
Quinoa Flapjack

Wednesday **'Saliscicce e Fagioli' (Italian Sausage & Beans)**
Roast Potatoes, Peas, Fennel
Cheese & Bean Toastie

Something Sweet:
Lemon Cake

Thursday **Spaghetti: Carbonara, Wild Garlic Pesto, Tomato**
Baked Gnocchi
Greens, Lemon, Good Olive Oil

Something Sweet:
Chocolate Mousse

Friday **Sausage, Sweet Potato Fries, Green Herb Mayo**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

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**The Greenside Food Experience: Summer
Menu: Weeks 3,6**

Monday **Lasagne**
Jacket Potato, Curried Baked Beans
Tomatoes, Good Olive Oil, Basil

Something Sweet:
Greek Yogurt, Berries

Tuesday **Stir Fry, Asian Omelette, Noodles**
Thai Soup, Lemongrass, Coconut
Greens, Gochujang, Garlic

Something Sweet:
Rhubarb Crumble, Custard

Wednesday **Swedish 'Ikea' Balls, Gravy, Lingonberry**
Herb Roast Potatoes
Heritage Carrots, Dill

Something Sweet:
Chocolate Cake

Thursday **Greenside Burrito**
Tortilla, Cheese, Corn
Coleslaw

Something Sweet:
Rice Pudding, Fruit Compote, Cardamom

Friday **Pizza**
Penne, Tomato Sauce, Basil
Cucumber

Something Sweet:
Fruit

***Alternatives are always available to meet individual needs**

